



Leadership Skills Programme

2 Days

COURSE OVERVIEW

To examine key leadership skills and recognise the latent leadership potential within each person.

COURSE OBJECTIVES

At the end of the course the participants will have:

- Explored the qualities and behaviours essential in effective leadership
- Practiced key leadership skills, primarily influencing and coaching
- Analysed and reflected on their own leadership style
- Examined a 'live' leadership issue and developed a strategy around it.

COURSE CONTENT

Day One

- What does it mean to be a leader?
- Identifying leadership qualities
- Qualities translate into behaviours
- How effective a leader are you?
- Analysis of personal leadership style
- Recognition of leadership attributes
- Leadership exercise
- What leadership challenges are you facing?
- Individual analysis and group feedback

Day Two

- Influencing others
- Identifying your influence and style
- Motivating others
- Using coaching as a tool in motivating
- Coaching practice
- Feedback and discussion
- Developing strategies
- What is your leadership style?
- How can you be a more effective leader?
- Identifying development needs